



WESTSIDE CENTER
for COUNSELING and THERAPY
205 S. Minnesota Street
Carson City, NV 89703-4269

CLIENT RIGHTS

- The client has the right to considerate and respectful care.
- The client has the right to obtain from the therapist complete, current information concerning his/her diagnosis, treatment, and prognosis in terms the client can be reasonably expected to understand. When it is not clinically advisable to give such information to the client, the information should be made available to an appropriate person on his/her behalf.
- The client has the right to receive from his/her therapist information necessary to give informed consent prior to the start of any procedure and/or treatment. Except in emergencies, such information for informed consent should include, but not necessarily be limited to, the specific procedure and/or treatment, the medically significant risks involved, and the probable duration of incapacitation. When clinically significant alternatives for care or treatment exists, or when the patient requests information concerning treatment alternatives, the client has the right to such information.
- The client has the right to refuse treatment to the extent permitted by law, and to be informed of the clinical consequences of his/her action.
- The client has the right to every consideration of privacy concerning his/her own care. Case discussion, consultations, examination, and treatment are confidential and should be conducted discreetly. Those not directly involved in his/her care must have the permission of the client to be present.
- The client has the right to expect that all communications and records pertaining to his/her care should be treated as confidential.
- The client has the right to expect reasonable continuity of care. This includes the right to know in advance that appointment times and therapists are available and where.
- The client has the right to examine and receive an explanation of his/her bill regardless of source of payment.
- The client has the right to know the therapists' policies which apply to his/her conduct as a client.

I have read both pages of this document and understand these rights and issues.

Signature _____ Date _____



WESTSIDE CENTER
for COUNSELING and THERAPY
205 S. Minnesota Street
Carson City, NV 89703-4269

On Confidentiality

Now that you are involved in counseling, we would like to share with you some ideas on a very important issue, that of confidentiality and trust.

Therapy is a very private matter between the counselor and the person being counseled. We respect the personal and private matters that you choose to share in counseling and do not in any way wish to misuse that trust. Our professional ethics and the Nevada Revised Statutes require that information you provide your therapist remains confidential and that it be shared with others only by your written and informed consent.

There are several exceptions to this basic rule when the therapist is required by law or professional ethics to disclose information to specific other persons. These situations include:

- ❖ When there is suspected or acknowledged child abuse.
- ❖ When there is suspected or acknowledged abuse of an elderly person.
- ❖ When there is strong reason to believe that there is significant danger to yourself or to someone else.
- ❖ Infrequently, in matters such as child custody disputes or where the Court is otherwise involved, the Court can order records to be released and counselors can be ordered to testify.
- ❖ If legal means are required to collect your bill, information on client status and financial agreements may be disclosed to the Court.
- ❖ If your records are protected under the Federal Drug and Alcohol statutes, there are occasions when we may not be able to release records even with your permission.

We want you to be clear about these expectations but also to assure you that these are the exceptions to the rule rather than the rule. When such exceptions do occur you will be notified.

This is not intended to be a legal description of confidentiality but to provide some basic information for your use. We would be happy to discuss any of these matters further with you if you wish. Please let your therapist know if you have further questions about the confidential nature of your discussions.